

American States. Then why, if the justice of this system to the public and to nurses, to say nothing of doctors, is uncontroversible, do we find persons who run partially trained nurses for the poor, opposing by every means in their power this test being applied? Is it absurd to imagine that great ladies are using their vast social influence against State Registration of Nurses, because they are ignorant of social conditions, or imagine a poor man takes his serious diseases differently to a rich one, or that they still consider "any housemaid can nurse," and that the skilled art of nursing can be perfected by a few desultory visits to sick people in cottages or in a cottage hospital? If not, why do they fight against organised teaching and training for nurses, a stamp for their efficiency, and protection from unskilled labour?

Surely skilled nursing in these days of wonderful medical progress and asepsis is equally as important as skilled cooking, yet it is presumable that a scullery-maid would be taken by a Duchess straight from that subordinate position and placed as *chef* in her own kitchen, paid hundreds of pounds a year, and classed with the *ordon bleu*? His Grace would realise the absurdity of such a proceeding—and so would the *ordon bleu*!

But when the life of the poor and dependent is in question, and not the delicate appetites of the rich, how airily their Graces decide that untrained attendants are sufficient for their needs, because it takes years, not weeks, to train an efficient and reliable nurse—just as it takes years of experience to qualify a cook. I do not believe for a moment that her late Majesty Queen Victoria would approve of her poor subjects being supplied with unskilled workers in sickness, and am glad that at last Govan medical men have had the courage to speak out and condemn this most unsatisfactory system.

ONCE A QUEEN'S NURSE.

## Comments and Replies.

*Maternity Nurse.*—It is quite as important to study the idiosyncrasies of infants as of other patients. They need just the same individual attention and study as to dieting as adults do.

*Certificated Nurse.*—Special training in a good nursing home will be very valuable to you if you intend to take up private nursing. There is much to be learnt in such a home as to the successful management of private patients. A very good nurse who has had no experience outside hospital wards may fail as a private nurse for lack of special training.

*Lady Superintendent.*—You could have no better book than Miss L. L. Dock's *Materia Medica for Nurses*. It is published by G. P. Putnam's Sons, 24, Bedford Street, Strand, price 3s. 6d. It is far the best book of the kind we know, and is arranged in accordance with the British Pharmacopœia, so that it may meet the needs of British nurses.

## Notices.

### THE SOCIETY FOR THE STATE REGISTRATION OF TRAINED NURSES.

All those desirous of helping on the important movement of this Society to obtain an Act providing for the Legal Registration of Trained Nurses can obtain all information concerning the Society and its work from the Hon. Secretary, 431, Oxford Street, London, W.

### OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle-Prize will be found on Advertisement page xii.

## Ready for Anything!

### A PUBLIC SCHOOL BOY ON FOOD.

When a public school boy, a strong, growing, intellectual lad of 17 or 18, writes about a food that keeps him up to the mark, you may be sure he has given that particular food a very severe test. The muscular and mental wear and tear that his body undergoes is enormous, and calls for the maximum amount of *easily digested* nourishment from his food. The following letter addressed from one of our great public schools makes this quite clear:—

"As a public school boy, I find your Grape-Nuts most refreshing after a game of football or cricket. The great feature of the food is that even directly after eating it one feels just as active and ready for anything as before, instead of feeling slack and sleepy as is the result of eating other foods.

"I should strongly recommend Grape-Nuts to all athletes, and those who desire to obtain the best results from physical training. I also find in the holidays after a cold day's hunting that nothing equals a good dish of Grape-Nuts."

Name given by Grape-Nuts Co., 66, Shoe Lane, E.C.

A ten days' trial will convince.

There's a reason.

WARNING.—Imitations of Grape-Nuts are on the market, paying the retail grocer a special profit to push the sale.

If you really want a skilfully and scientifically made brain food, insist upon getting Grape-Nuts. Most grocers will promptly supply genuine articles without attempt to palm off something "just as good."

If your grocer tries to substitute some imitation "Nuts" for genuine Grape-Nuts, perhaps the other grocer down the street might serve you more faithfully.

If you find Grape-Nuts food a bit soft from the damp weather, put it in an oven with the door left open and dry until crisp. Then add a sprinkle of sugar and some milk enriched with cream and there you are, the finest breakfast food extant.—Advt.

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